

# The Relationship of Biological Monitoring to Ecological Restoration and Ecological Recovery

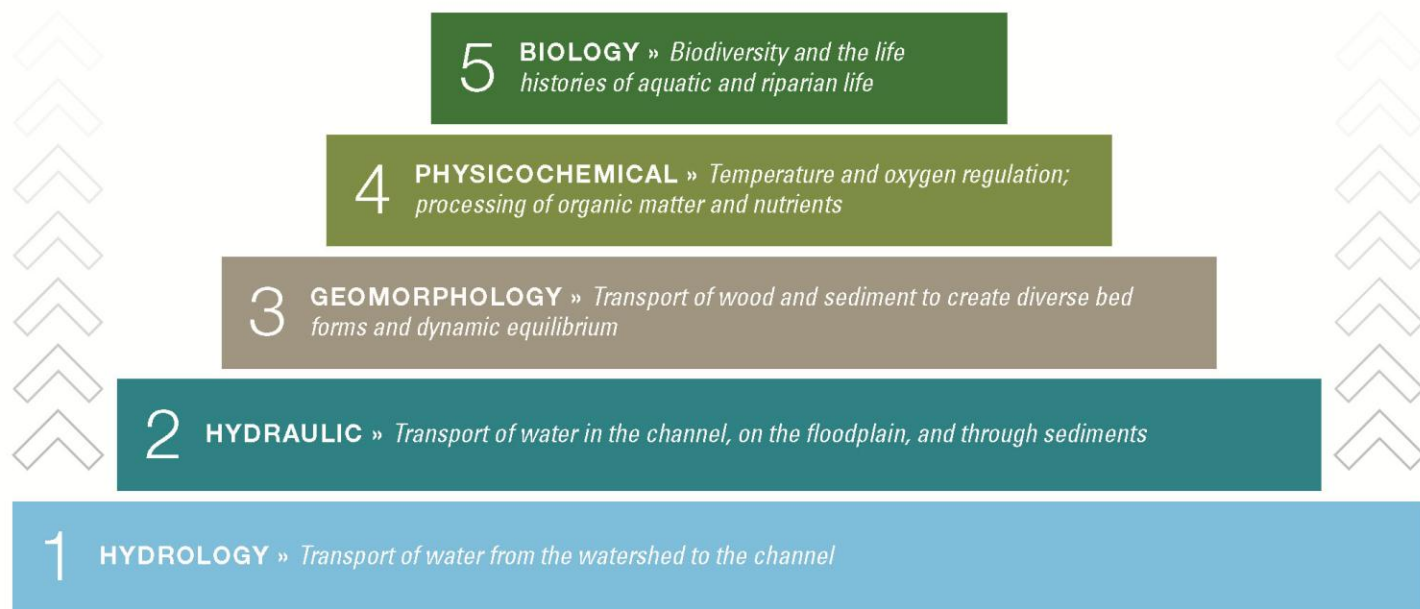


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**U.S.A.**



# Stream Functions Pyramid

*A Guide for Assessing & Restoring Stream Functions* » OVERVIEW



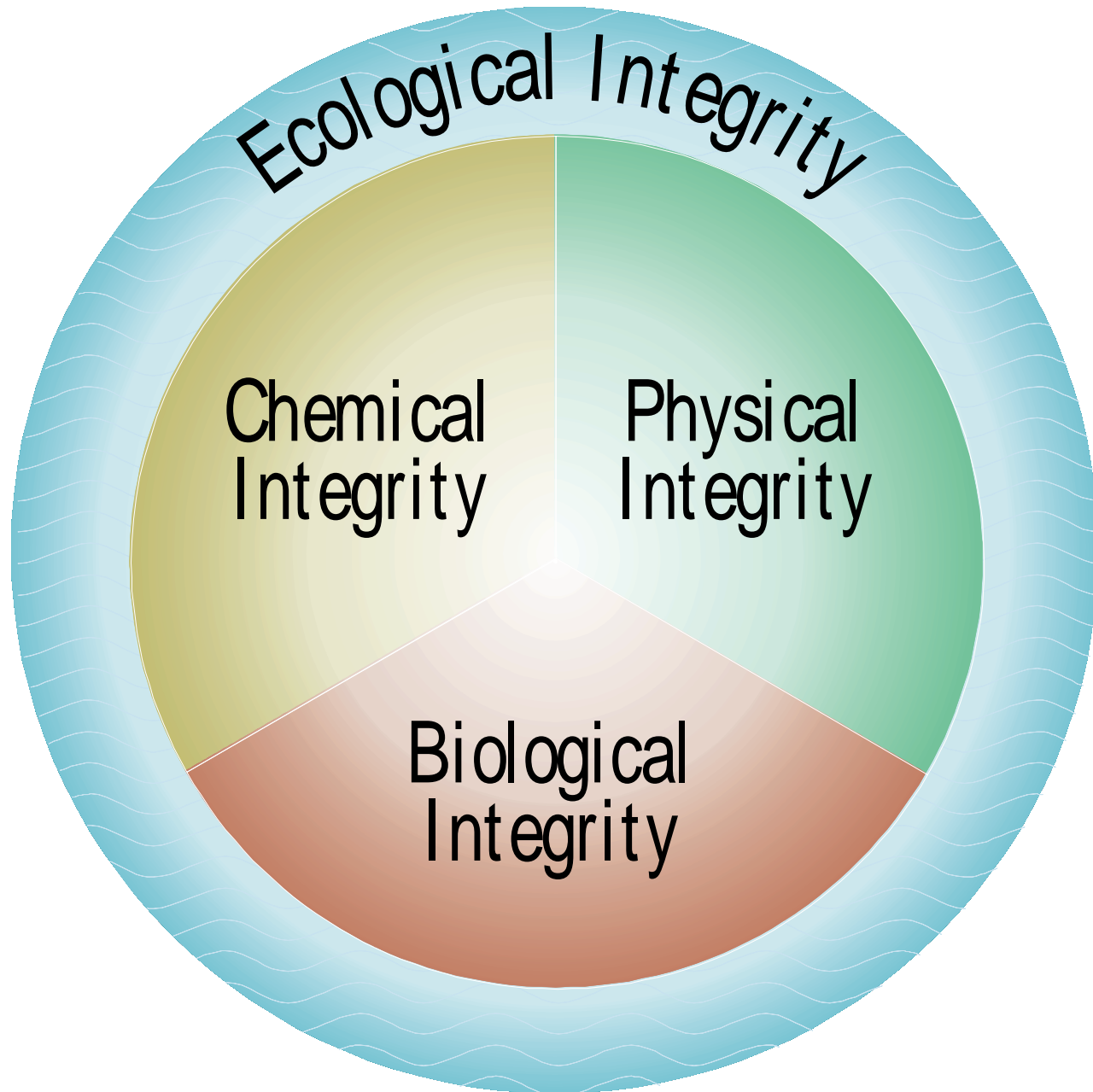


# Purpose of presentation

- A. What is ecological recovery?
- B. Why is it different from ecological restoration?
- C. What is biological monitoring and assessment?
- D. How are results from monitoring and assessment used for ecological restoration decision-making?

**Ecological Restoration** *is re-establishing morphological features of the river or mitigating water quality impediments to represent natural or desired state of being to regain its ability to support a naturally reproducing and sustainable aquatic community relevant to the social, economic and political factors.*

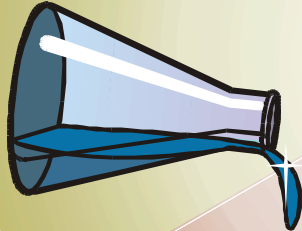
**Ecological Recovery** *is re-establishing valued attributes of the aquatic community within a period of time, given its ecological capacity to regain lost functionality, and considering its exposure to stressors affecting its improvement in condition.*



# Ecological Integrity

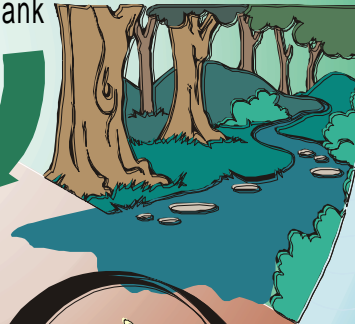
## Chemical Integrity

Nutrients • Dissolved Oxygen  
• Organic Matter Inputs  
• Groundwater Quality • Sediment  
Quality • Hardness • Alkalinity  
• Turbidity • Metals • pH



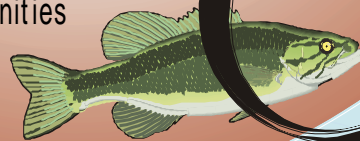
## Physical Integrity

Sunlight • Flow • Habitat  
• Gradient • Temperature • Soils  
• Precipitation/Runoff • Channel  
Morphology • Local Geology  
• Groundwater Input • Instream  
Cover • Bank  
Stability



## Biological Integrity

Function and structure  
of biological  
communities



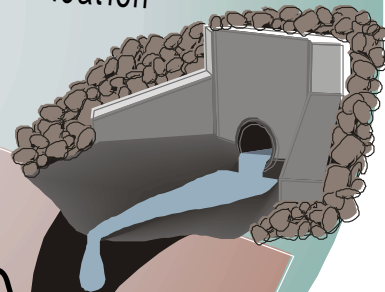
## Chemical Contamination

- Toxics
- Low pH
- High Turbidity
- Excess Sediment
- Excess Nutrients/Organics
- Depleted Alkalinity



## Physical Degradation

- Soil Erosion
- Damaged Habitat
- High Temperature
- Too Much Sunlight
- Too Little/Too Much Flow
- Stream Bank Erosion
- Loss of Groundwater
- Hydromodification



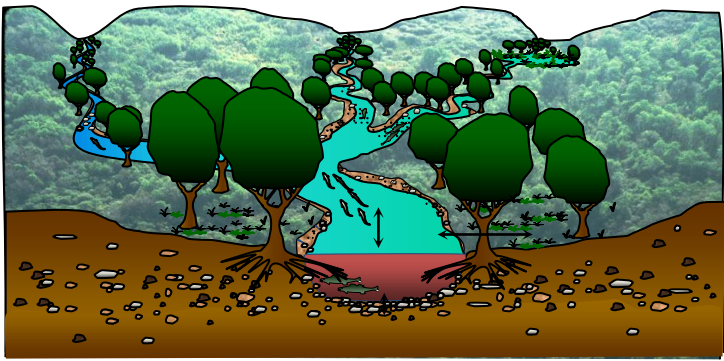
## Altered Biological Condition





# COMPONENTS OF RIVER SYSTEMS

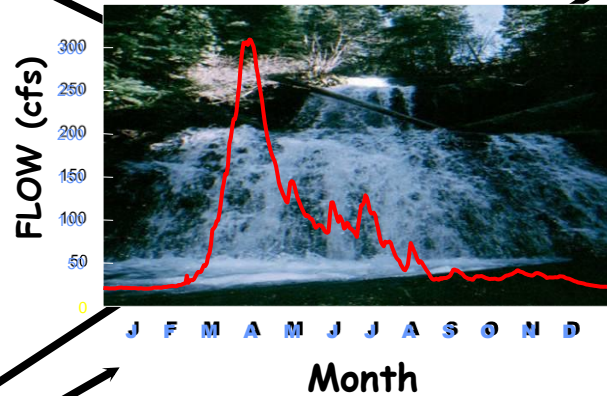
## ENERGY PATHWAYS/CONNECTIVITY



## BIOLOGY



## HYDROLOGY



## GEOMORPHOLOGY



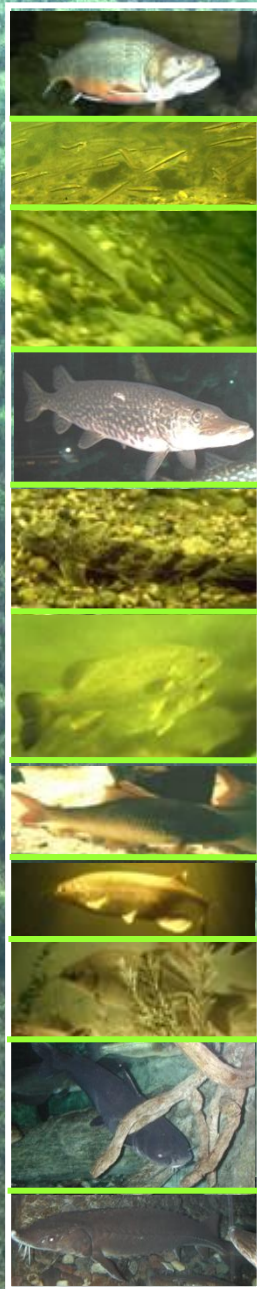
## WATER QUALITY





STREAM SIZE (ORDER)

1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12



GENERALIZED  
INSECTIVORES

PISCIVORES

BENTHIC  
INVERTIVORES

PLANKTIVORES



ALLOCHTHONOUS  
PRIMARY PRODUCTION



AUTOCHTHONOUS  
PRIMARY PRODUCTION

## The River Continuum Concept

(Vannote *et al.* 1980)

PREDATORS

GRAZERS

SHREDDERS

MICROBES

COLLECTORS

GRAZERS

SHREDDERS

MICROBES

PREDATORS

COLLECTORS

PREDATORS

MICROBES

COLLECTORS



**GOOD**

Natural  
Channel,  
Diverse

**Habitat  
Structure**

**POOR**

Altered  
Channel,  
Uniform

**The biota reflect and  
integrate the aggregate  
effects of alterations to one  
or more of these factors.**

Comparable  
to Reference

**Chemical  
Quality**

Enriched,  
Deficient

**Biocriteria and the attendant  
chemical/physical tools &  
indicators provide the  
technology to measure this.**

Native  
Species  
Flourish

**Biotic  
Factors**

Invasive  
Aliens  
Established

# The Process

**Stressors sources**



**Stressors**



**Response indicators**



**Sources of Stressors**



**Stressors**



**Response indicators**

# Natural “stressors”



These events  
are the extreme!

But, they are really  
part of the  
natural variability...

# Sources of Stressors

- Human activities, or the result of human activities, that create stressors





# We alter stream habitat in many ways



Urbanization



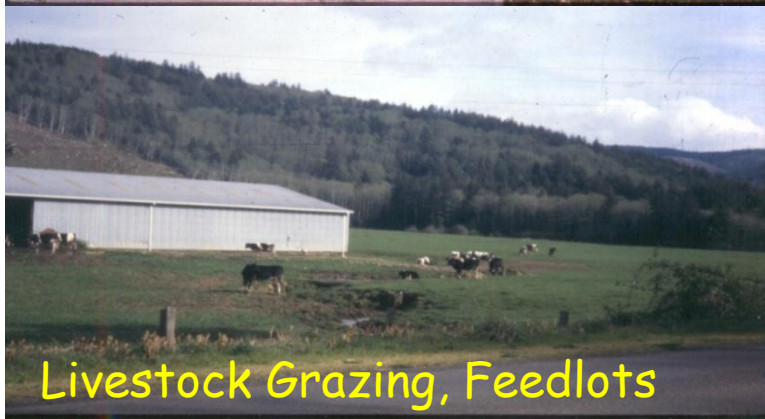
Logging



Agriculture, Irrigation



Slash Burning, Road Building



Livestock Grazing, Feedlots



Stream "Restoration",  
Channel "Maintenance"



- Removal of watershed vegetation
- Urban/suburban development



- Channel alteration





- Urbanization



## The river catches on fire



**Cuyahoga River, Cleveland, OH  
June 22, 1969**

# There are many stressor sources

- Human waste/sewage
- Fertilizer application
- Cultural pollutant input
- Industrial effluent
- Hazardous waste site/landfill leachate
- Channel alteration
- Impoundment
- Riparian de-vegetation
- Watershed de-vegetation
- Grazing
- Row crop agriculture
- Transportation corridors
- Surface-mining sites
- Combined animal feeding operations (CAFO)
- Impervious surface/stormwater



**Sources of Stressors**



**Stressors**



**Response indicators**







**NOTE: Stressed cat**



# Stressor (biological assessment)

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- Any human-induced agent that limits the biological capacity for survival and reproduction



# There are many potential stressors

- Metals
- Sediments
- Nutrients
- Ionic strength
- Low dissolved oxygen
- Temperature  
(degraded habitat)
- Non-native species
- Increased flashiness  
(Flow alteration)
- Flow hindrance (dams)
- Unspecified toxic  
chemicals
- Altered energy input  
(Degraded physical  
habitat)



**Stressors sources**



**Stressors**



**Response indicators**

# Response indicators

- Most widely used in North America, for freshwater ecosystems
  - Benthic macroinvertebrates
  - Fish
  - Periphyton (mostly diatoms)
  - Zooplankton/phytoplankton
- For estuaries
  - Macrobenthos
  - Aquatic vegetation: submerged, emergent, floating
  - Fish

# The Biological Condition Gradient: Biological Response to Increasing Levels of Stress

29

## Levels of Biological Condition

Natural structural, functional, and taxonomic integrity is preserved.

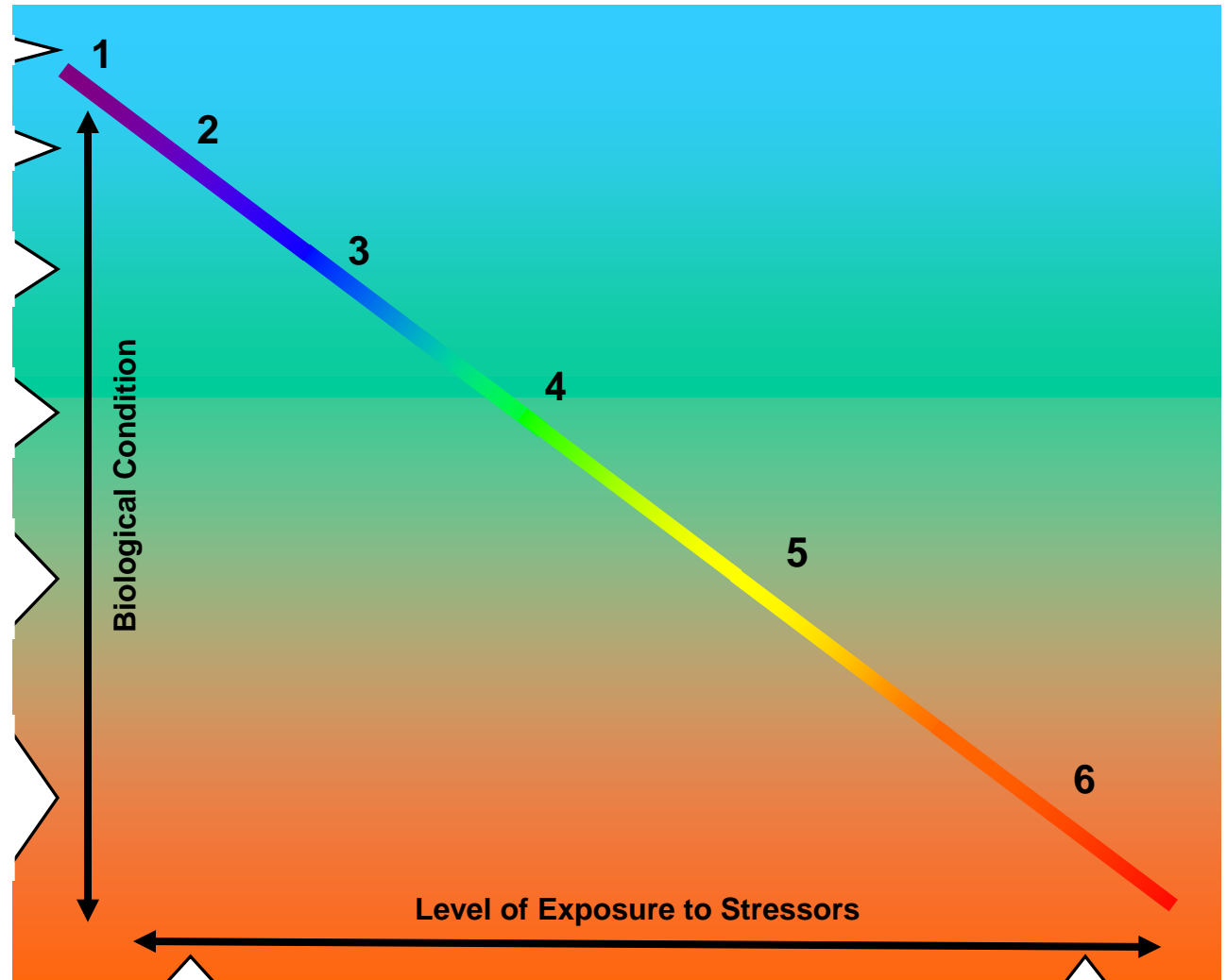
Structure & function similar to natural community with some additional taxa & biomass; ecosystem level functions are fully maintained.

Evident changes in structure due to loss of some rare native taxa; shifts in relative abundance; ecosystem level functions fully maintained.

Moderate changes in structure due to replacement of some sensitive ubiquitous taxa by more tolerant taxa; ecosystem functions largely maintained.

Sensitive taxa markedly diminished; conspicuously unbalanced distribution of major taxonomic groups; ecosystem function shows reduced complexity & redundancy.

Extreme changes in structure and ecosystem function; wholesale changes in taxonomic composition; extreme alterations from normal densities.



Watershed, habitat, flow regime and water chemistry as naturally occurs.

Chemistry, habitat, and/or flow regime severely altered from natural conditions.

# 生物状态梯度：对增长的压力层次的生物学反应

## 生物状况的层次

自然的结构性，功能性，和分类的完整性保存下来

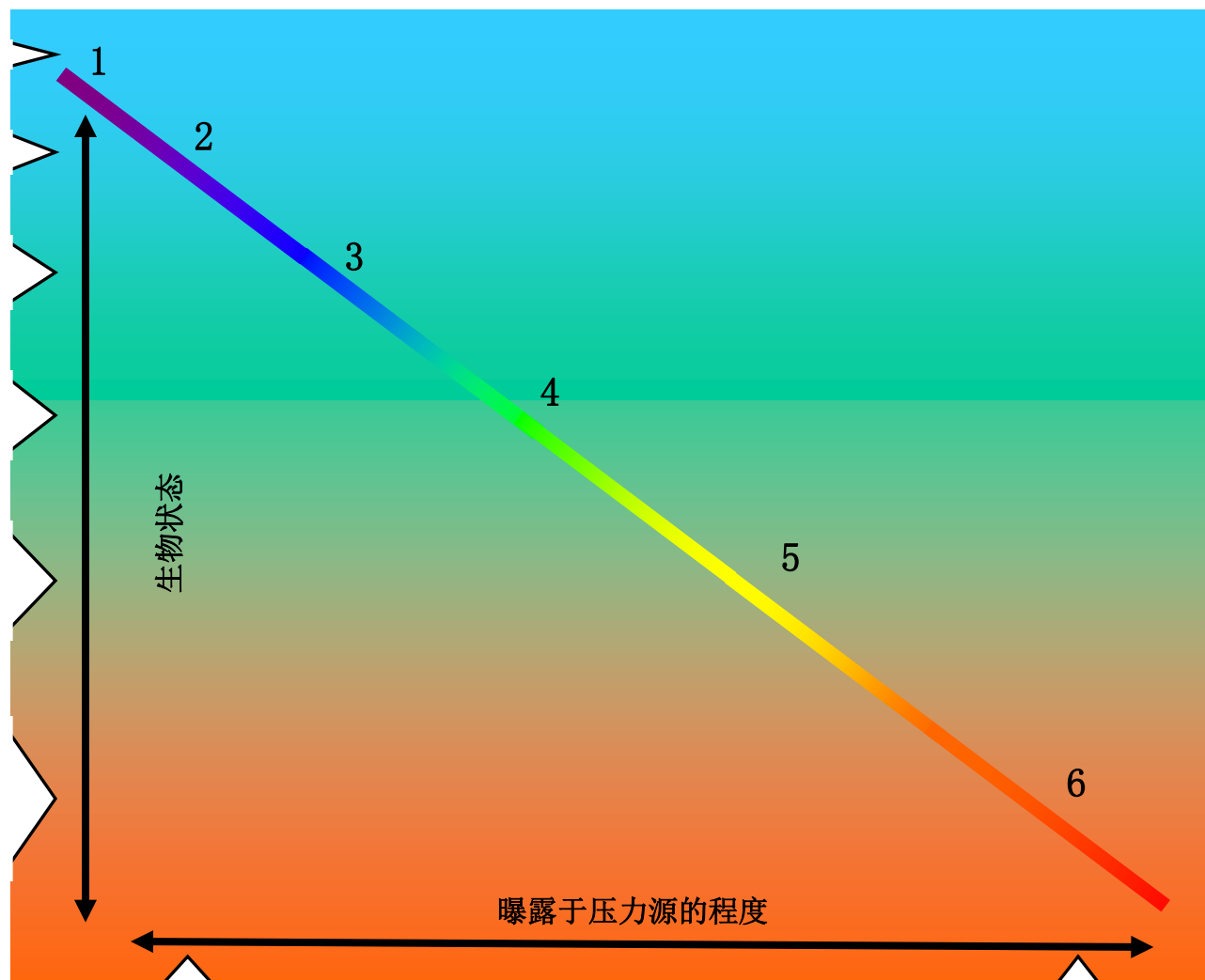
结构与功能和自然群落类似，有某些多出的物种类和生物量，保有全部的生态系统功能

有证据显示结构的变化，少量稀有物种确实，相对丰度发生变化；保有全部的生态系统功能.

中等程度的结构变化，一些常见的敏感种类被更具忍耐性的种类所代替，保有大部分的生态系统功能.

敏感种大量消失；大多数分类群呈现显著的不平衡的分布；生态系统功能呈现减少的复合性和重复性.

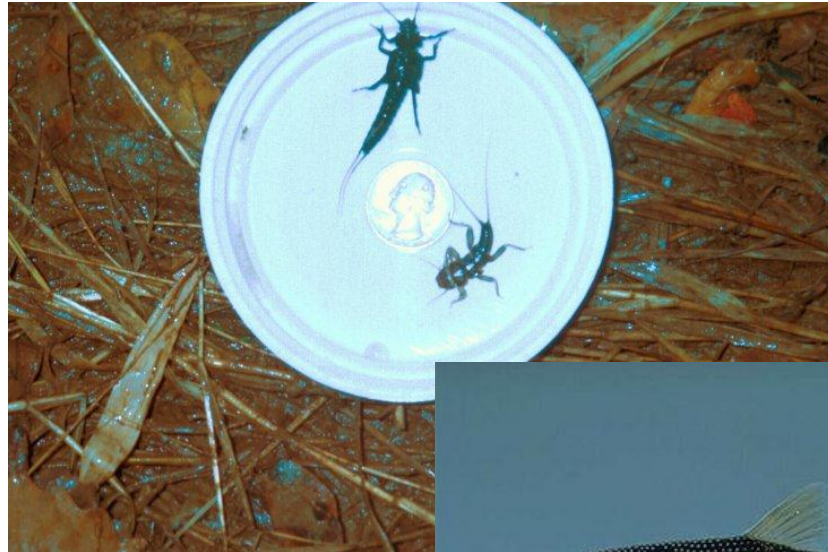
生态系统结构和功能发生极端的变化；分类组成上发生大规模的变化；正常密度发生极端转换.



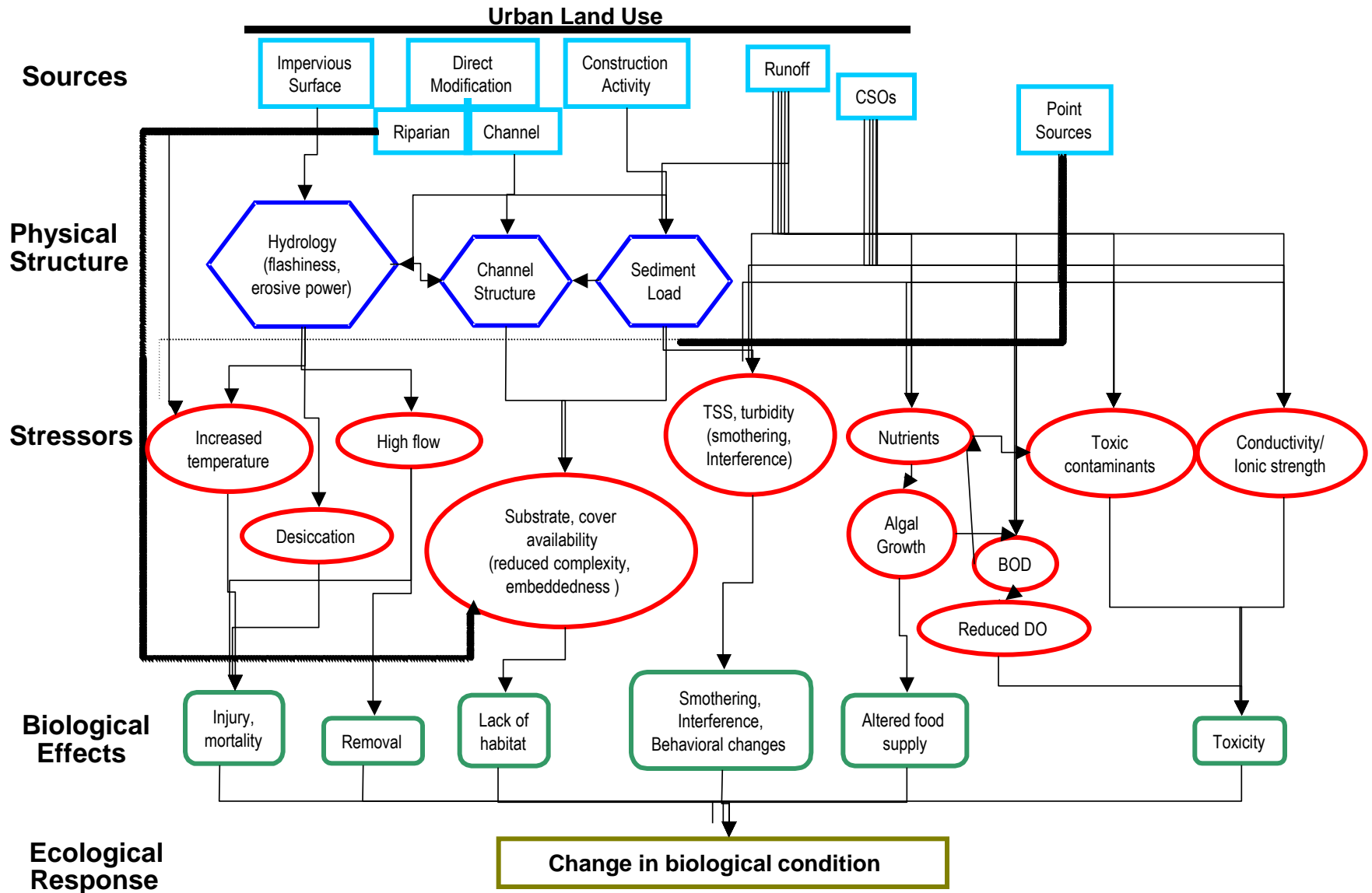
水流域，生境，流动型态 和水化学如自然发生.

化学，生境，和/或 流动型态从自然状态下严重的扭转.

If biota are unhappy, it's up to us to figure out what is making them unhappy

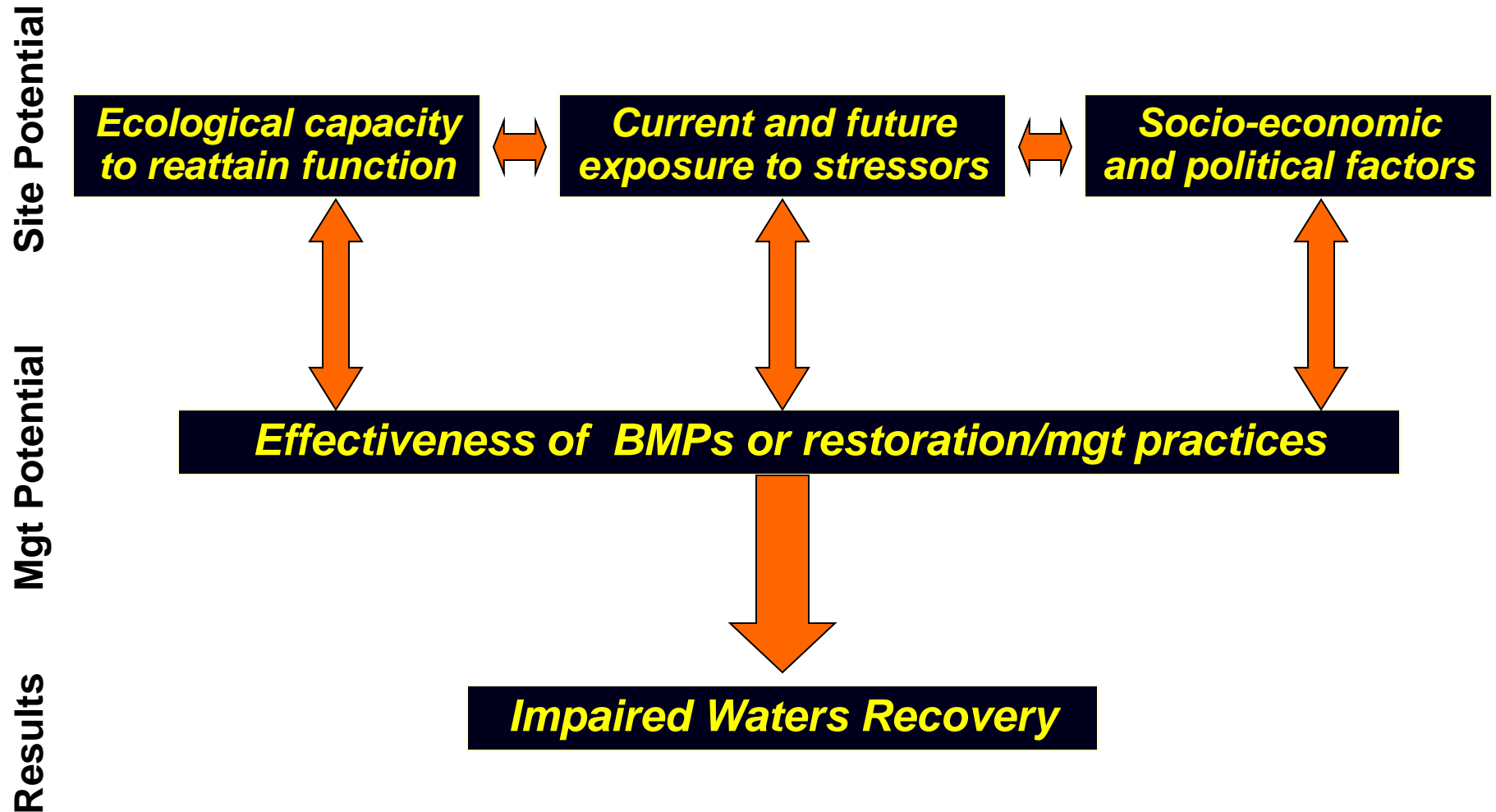


# Urbanization -Conceptual Model





# The Elements of Recovery Potential



## What might ecological recovery potential mean to water agency programs?

- opportunity to restore higher environmental quality or protect what's not yet lost
- create/maintain greater ecological goods and services
- seek the optimum mix of management actions that are feasible and affordable

**Multiple factors come into play as restoration and protection are considered:**

**\* 12 highlighted factors --**

<b>Public health</b>	<b>Communication</b>
<b>Demographics</b>	<b>Local identity</b>
<b>Education</b>	<b>Economic conditions</b>
<b>Governance</b>	<b>Property/land use</b>
<b>Recreation</b>	<b><i>Natural landscapes</i></b>
<b>Boundaries</b>	<b><i>Ecology</i></b>



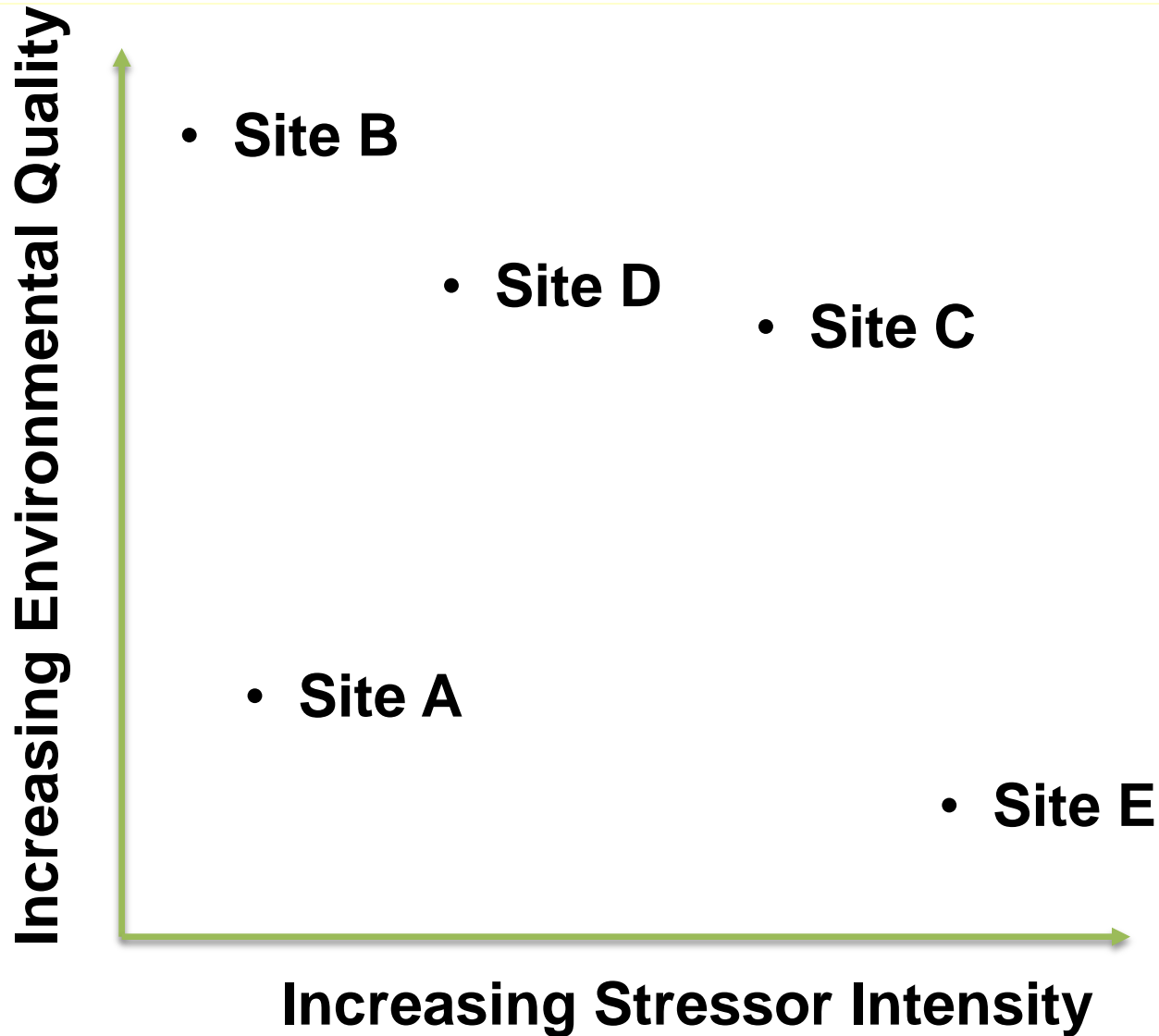


# In Effective Stakeholder Involvement, You Need Patience

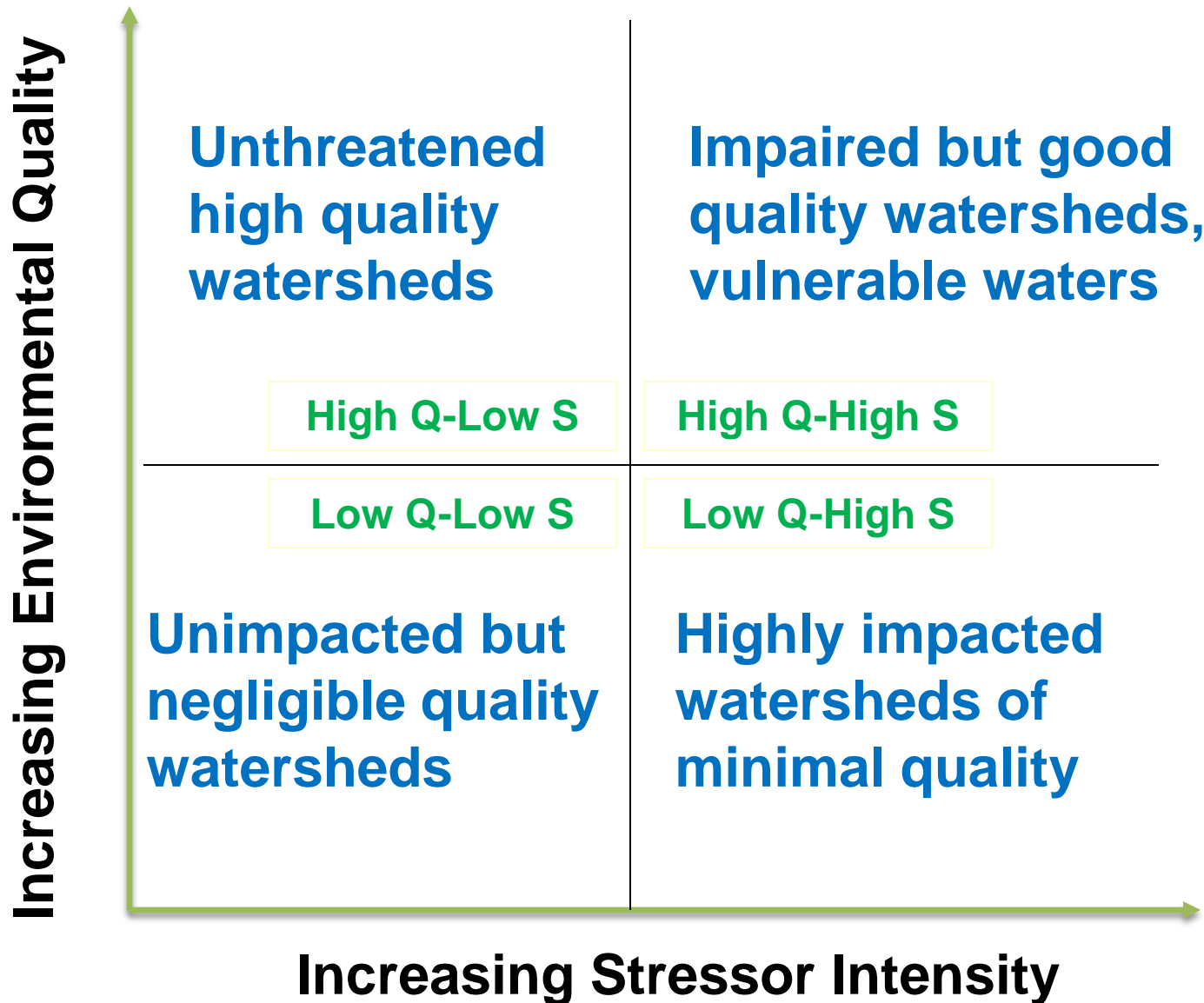




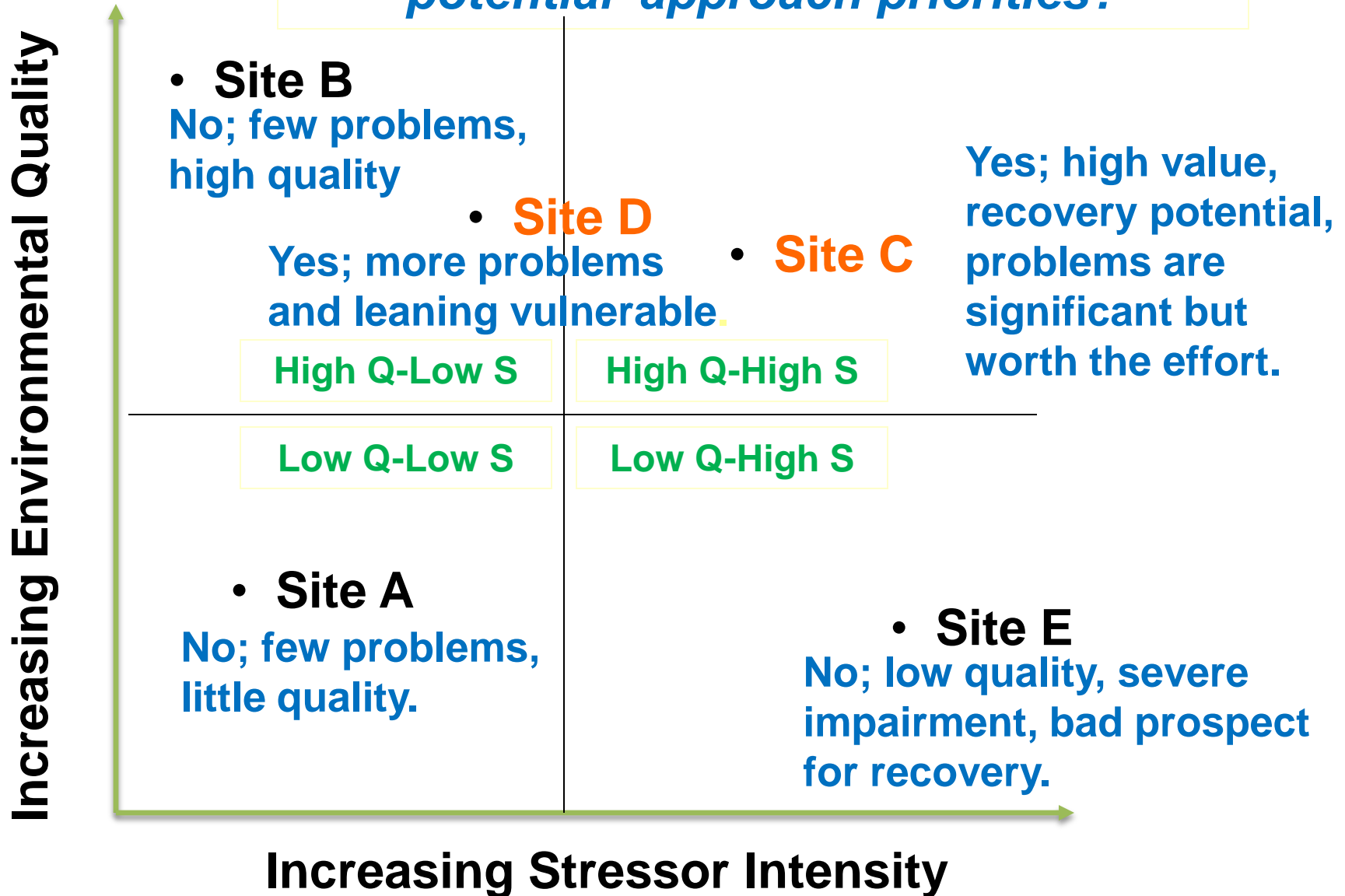
**Concepts of environmental quality and stressor intensity are important to priority-setting and recovery potential**



## Watershed examples sorted by Stressors X Quality

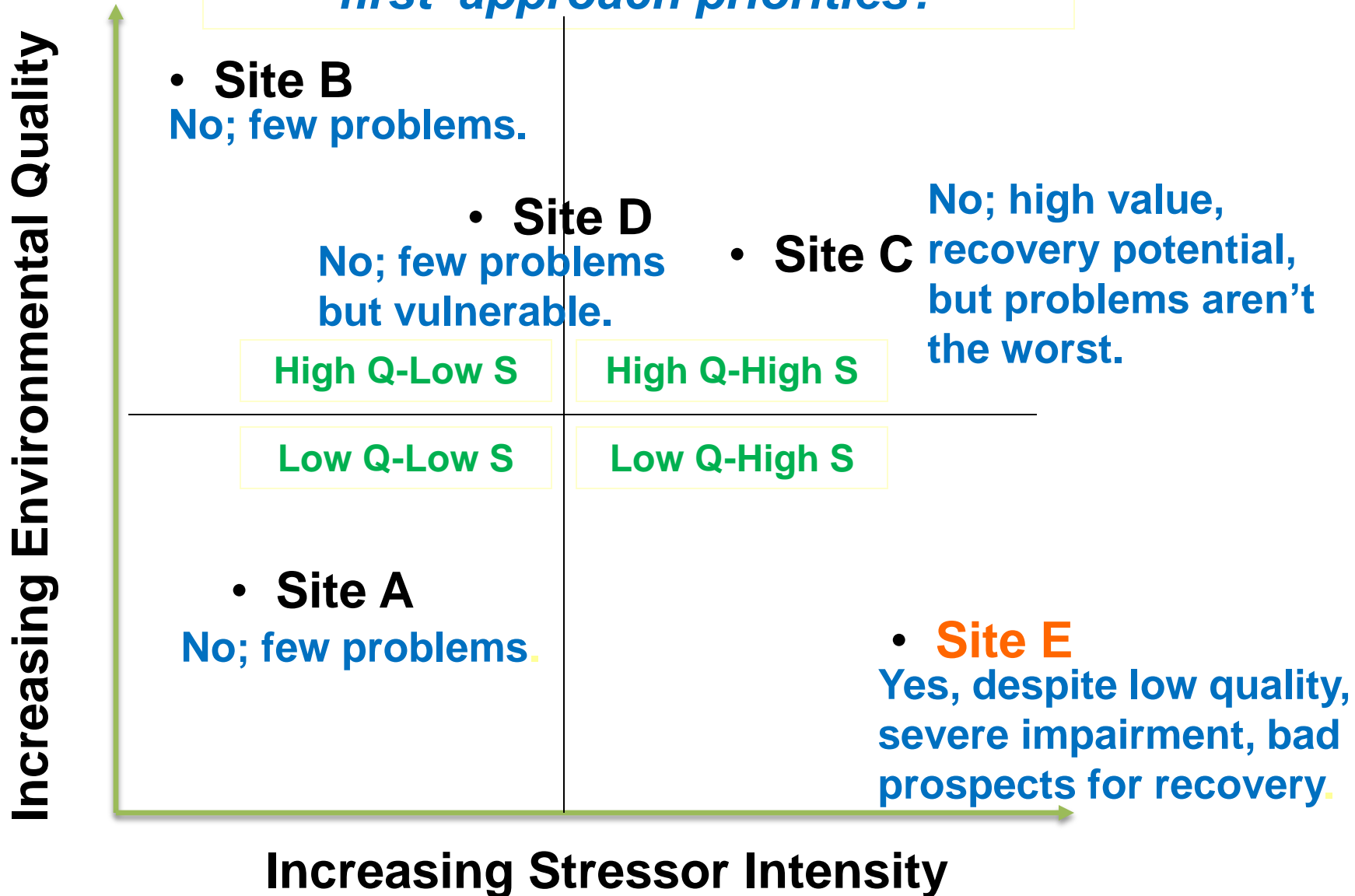


*Which sites might reflect 'recovery potential' approach priorities?*





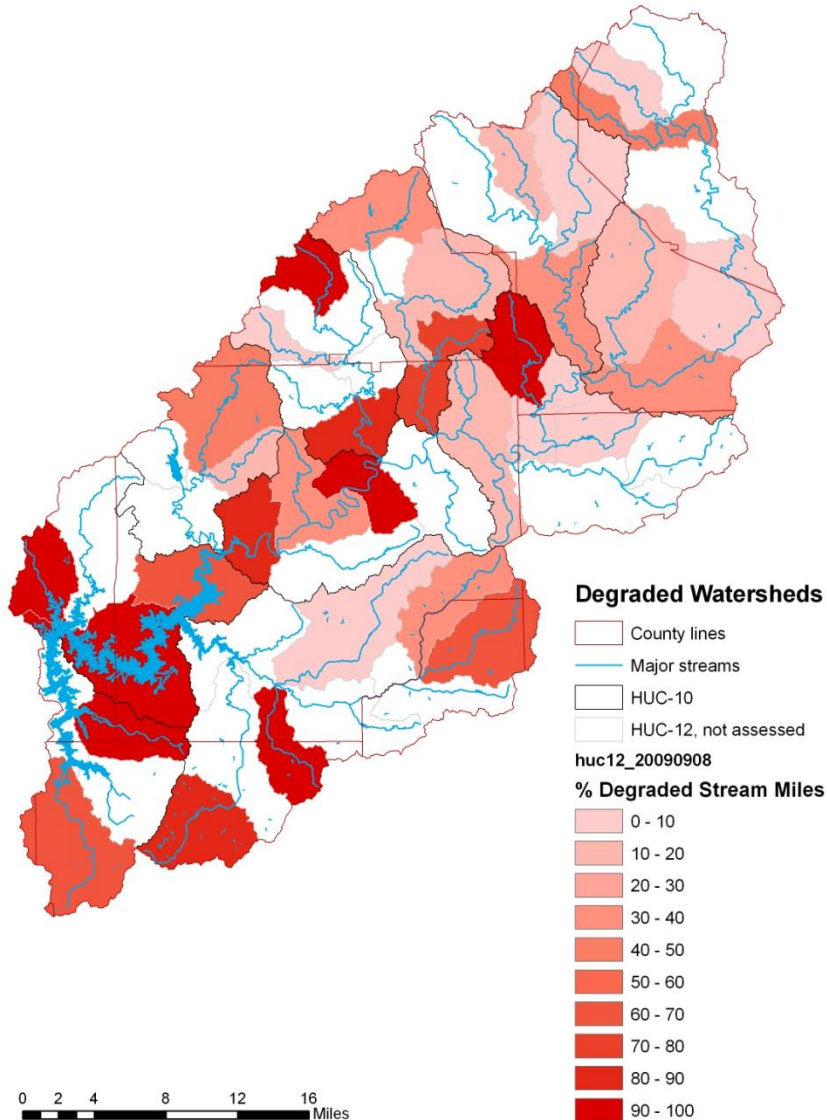
*Which sites might reflect 'worst first' approach priorities?*



# Biological monitoring and assessment as a measure of recovery

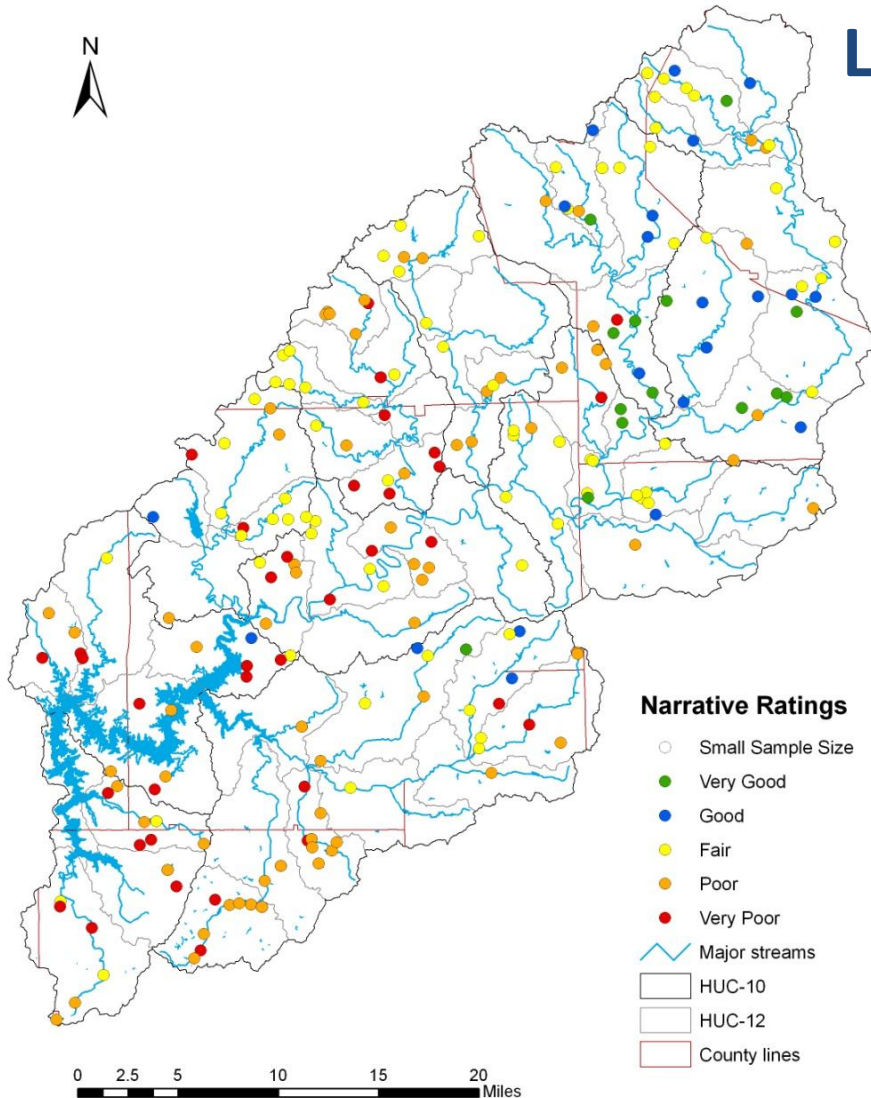
- **Phase 1 of bioassessment** - Problem identification
- Implement correction (*Restoration, remediation, engineering*)
- **Phase 2 of bioassessment** – Evaluate effectiveness (ecological recovery)

# Lake Allatoona/Upper Etowah River Watershed; Georgia

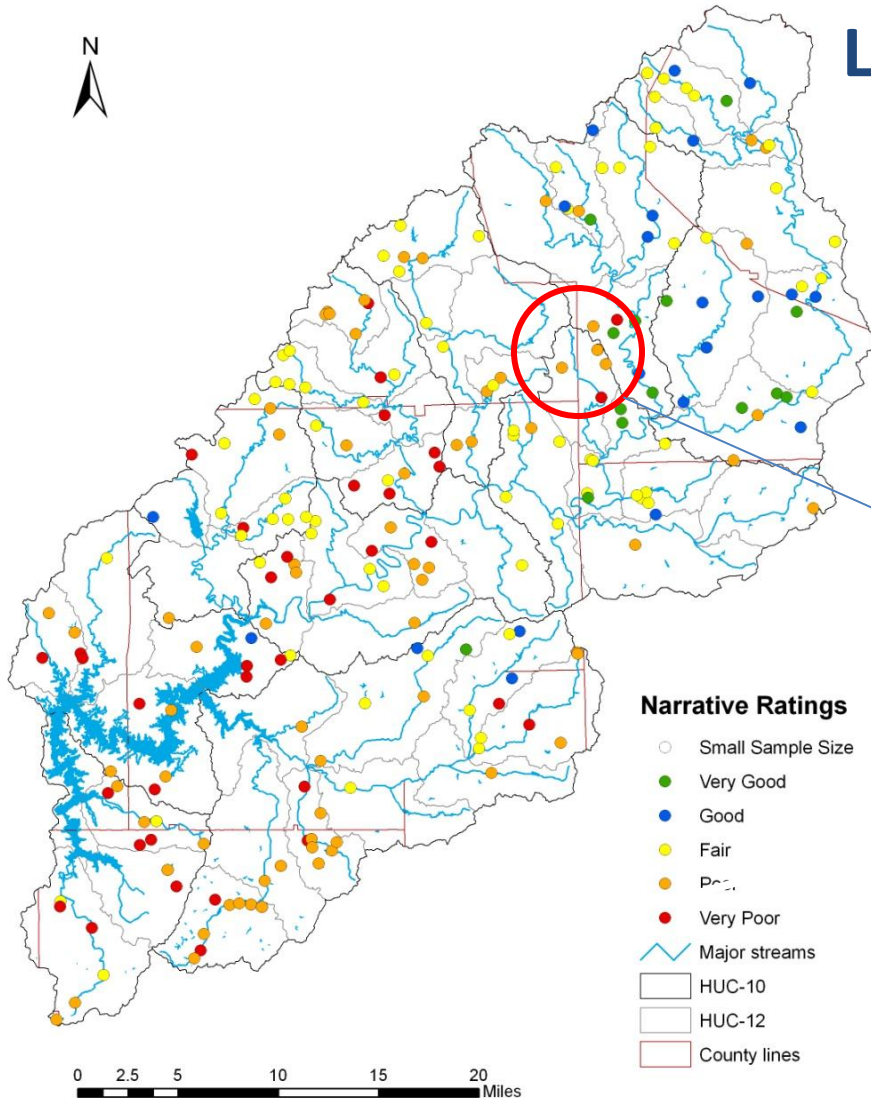


- 1612 total stream channel miles
- Through 2008 (Year 4): 211 sites sampled
- Basin is 65% assessed (1,047 mi.)
- 42.2% biologically degraded (442 mi.)

# Lake Allatoona/Upper Etowah River Watershed; Georgia



# Lake Allatoona/Upper Etowah River Watershed; Georgia



Example

•Yellow Creek HUC12 subwatershed

•27.9 stream miles of biological degradation

# Yellow Creek subwatershed

- Stressors (*stressor sources*)
  - Physical habitat degradation (*watershed and riparian de-vegetation, some logging and other agricultural activities*)
  - Nutrients (*chicken houses <1.5 miles from each location*)
- “Fixes” (=stressor reduction activities)
  - BMPs, re-vegetation, nutrient management restrictions, bank stabilization, etc.

# Yellow Creek subwatershed (monitoring)

- A) Short-term effectiveness: success in stressor reduction
  - Monitor *stressors* that a particular BMP or “fix” was intended to control
- B) Long-term effectiveness: success in ecological recovery (long-term)
  - Requires routine *biomonitoring* of/for response indicator

# Yellow Creek subwatershed (evaluating restoration success)

- A) Short-term effectiveness
  - Improved bank stability and instream physical complexity, decreased pct fines, elevated geomorphic stability, reduction in nutrients
- B) Long-term effectiveness: success in ecological restoration
  - Reduction of number or pct of biologically-degraded stream miles
  - e. g., over 5-year period, reduced from 27.9 to 14 miles degraded



# Take home message(s)

- Environmental and watershed management, done correctly, consists of
  - Restoration (eliminating stressors), and
  - Protection (preventing stressors)
- Do everything you can to ensure defensibility of decisions. That means
  - Biomonitoring for effectiveness of restoration, and
  - Using ecological indicators useful for communicating success
- Restoration is not restoration unless biology responds positively (***Recovery***)



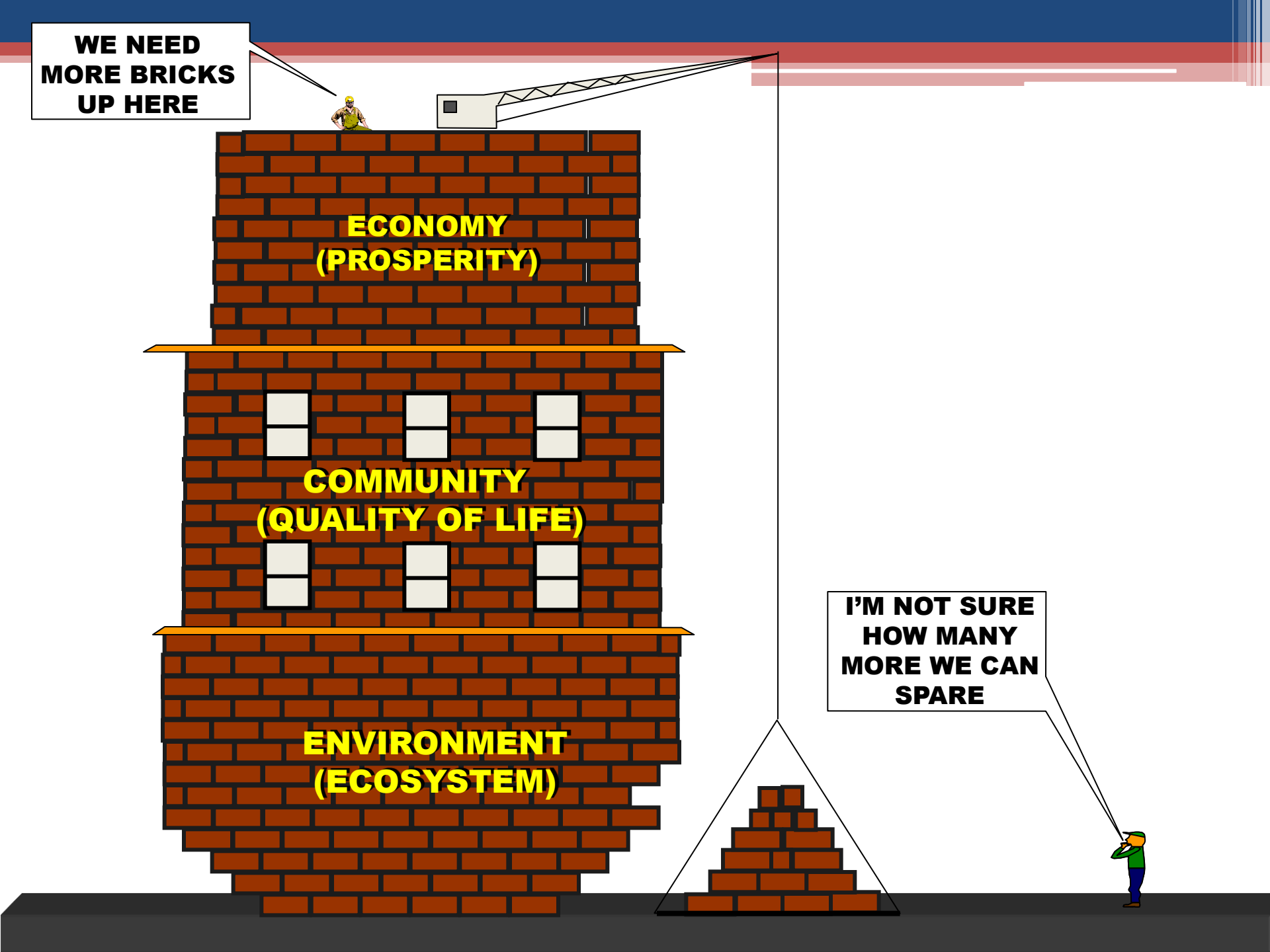
**WE NEED  
MORE BRICKS  
UP HERE**

**ECONOMY  
(PROSPERITY)**

**COMMUNITY  
(QUALITY OF LIFE)**

**ENVIRONMENT  
(ECOSYSTEM)**

**I'M NOT SURE  
HOW MANY  
MORE WE CAN  
SPARE**



Thank you

Questions?

